considerable precedential value in ascertaining the meaning of "laborer and mechanic" as used in the Act. *Laborer* generally means one who performs manual labor or who labors at an occupation requiring physical strength; *mechanic* generally means a worker skilled with tools. See 18 Comp. Gen. 341.

- (k) *Employer* means contractor or subcontractor within the meaning of the Act and of this part.
- (l) Hazardous substance means a substance which, by reason of being explosive, flammable, poisonous, corrosive, oxidizing, irritating, or otherwise harmful, is likely to cause death or injury.
- (m) Qualified means one who, by possession of a recognized degree, certificate, or professional standing, or who by extensive knowledge, training, and experience, has successfully demonstrated his ability to solve or resolve problems relating to the subject matter, the work, or the project.
- (n) Safety factor means the ratio of the ultimate breaking strength of a member or piece of material or equipment to the actual working stress or safe load when in use.
- (o) Secretary means the Secretary of Labor.
- (p) SAE means Society of Automotive Engineers.
 - (q) Shall means mandatory.
 - (r) Should means recommended.
- (s) *Suitable* means that which fits, and has the qualities or qualifications to meet a given purpose, occasion, condition, function, or circumstance.

[44 FR 8577, Feb. 9, 1979; 44 FR 20940, Apr. 6, 1979, as amended at 58 FR 35078, June 30, 1993]

§1926.33 Access to employee exposure and medical records.

NOTE: The requirements applicable to construction work under this section are identical to those set forth at \$1910.1020 of this chapter.

[61 FR 31431, June 20, 1996]

§1926.34 Means of egress.

(a) General. In every building or structure exits shall be so arranged and maintained as to provide free and unobstructed egress from all parts of the building or structure at all times when it is occupied. No lock or fastening to

prevent free escape from the inside of any building shall be installed except in mental, penal, or corrective institutions where supervisory personnel is continually on duty and effective provisions are made to remove occupants in case of fire or other emergency.

(b) Exit marking. Exits shall be marked by a readily visible sign. Access to exits shall be marked by readily visible signs in all cases where the exit or way to reach it is not immediately visible to the occupants.

(c) Maintenance and workmanship. Means of egress shall be continually maintained free of all obstructions or impediments to full instant use in the case of fire or other emergency.

[58 FR 35083, June 30, 1993]

§ 1926.35 Employee emergency action plans.

- (a) Scope and application. This section applies to all emergency action plans required by a particular OSHA standard. The emergency action plan shall be in writing (except as provided in the last sentence of paragraph (e)(3) of this section) and shall cover those designated actions employers and employees must take to ensure employee safety from fire and other emergencies.
- (b) *Elements.* The following elements, at a minimum, shall be included in the plan:
- (1) Emergency escape procedures and emergency escape route assignments;
- (2) Procedures to be followed by employees who remain to operate critical plant operations before they evacuate;
- (3) Procedures to account for all employees after emergency evacuation has been completed;
- (4) Rescue and medical duties for those employees who are to perform them;
- (5) The preferred means of reporting fires and other emergencies; and
- (6) Names or regular job titles of persons or departments who can be contacted for further information or explanation of duties under the plan.
- (c) Alarm system. (1) The employer shall establish an employee alarm system which complies with §1926.159.
- (2) If the employee alarm system is used for alerting fire brigade members, or for other purposes, a distinctive signal for each purpose shall be used.